



## Code of Conduct for Players

Players are the most important people in the sport. Playing for the team, and for the team to win, is the most fundamental part of the game. Players however, must **not adopt a 'win at all costs'** attitude. Fair play and respect for all others in the game is even more fundamental.

### A player should:

- Always try his/her best at all times. Work equally hard for yourself and your team – both will benefit.
- Play because you want to, not just to please your coach or parent/guardian.
- Know and abide by the laws, rules and spirit of the game.
- Treat Opponents, Match Officials, Team Officials, Club Officials, Opposition Officials and Supporters with due respect at all times, irrespective of the result of the game - Be a sportsman – win or lose.
- Accept Success and Failure, Victory and Defeat equally, taking a full part in the after game handshakes.
- Avoid violence and rough play and help injured opponents.
- Play to the rules of the game and accept without question or protest all referee/match official decisions.
- Avoid words or actions, which may mislead a Match Official.
- Attend regularly for training and matches.
- Keep up to date with fixtures and schedules by consulting you coach, team manager or the IVRFC website.
- Always inform your team manager or coach in advance if you cannot make a training session or match.
- Arrive in good time for each session/match.
- Arrive with the appropriate kit for training and matches – including water bottles.
- Inform your coach if you have to leave before a training session/match ends.
- Pay attention and participate fully in all activities.
- Never bully another member of our club or opposition.
- Set a positive example for others, particularly younger players and supporters.
- Recognise that bad language and swearing has no place in football – do not use it.
- Control their emotions - verbal or physical abuse of team mates, opponents or match officials is not tolerated.
- Advise their Manager/Coach of any injuries as soon as they occur.
- Respect Club equipment and property.
- Understand that if they or group of young players feel they are being treated in a manner that is unacceptable, improper or abusive then you have the right to tell an adult either at IVRFC or outside of the club.
- Avoid improper use of internet social networking sites such as Facebook, Myspace, You Tube, etc that would in any way bring into disrepute or present a negative view of the game of football, IVRFC or its members; be these acts or comments that in anyway could be regarded as intimidating, demeaning, bullying, harassing, derogatory or violent. We encourage all players and members to support and enjoy the game. Trash talking, boasting, bullying or derogatory comments have no place in football either verbally or through social networking sites and will be dealt with severely by the club if they occur. The game starts and ends on the pitch. Play well, have fun, respect your team mates and opponents and prove on the pitch the quality of players that we have and leave the game on the grass.

I hereby agree to abide by this code:

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_



## Code of Conduct for Parents/Spectators

Parents/Spectators have a great influence on children's enjoyment and success in football. All children play football because they first and foremost love the game – its fun. However good a child becomes at football within Ipswich Valley Rangers FC, it is important to reinforce the message that **positive encouragement** will contribute to:

- Children enjoying football.
- A sense of personal achievement.
- Self-esteem.
- Assist to improve the child's skills and techniques.

### Parents of Ipswich Valley Rangers FC are expected to:

- Ensure that you have completed a club contact sheet at the start of every season giving contact information and details of any medical condition that you may feel is appropriate.
- Pay a £60 non refundable Registration Fee or find appropriate sponsorship to cover this cost.
- Pay a £2 Training Fee every time your son/daughter attends training and not allow overdue Training Fees to exceed £10 in total.
- Reimburse the club where their child incurs a fine or administration charge from the F.A. or League.
- Ensure their child wears the club Tracksuit and Appropriate Kit on Match Days.
- Reimburse the club for lost/stolen or damaged Match Day Kit/Tracksuit.
- Return all Match Day kit should their child decide to leave the club or be asked to leave.
- Applaud the opposition as well as your own team.
- Avoid coaching the child during matches and training. Allow our Qualified Coaches to coach the players.
- Not shout and scream, keeping to designated spectator areas (if applicable). Parents/Spectators are welcome to encourage players in a positive and controlled manner.
- Avoid inappropriate language or swearing towards Players, Coaches, Spectators and Match Officials.
- Respect the referee's decision and do not question decisions from the touchline.
- Give attention and encouragement to each of the children involved in football not just the most talented.
- In the event of a dispute with a coach or other parent/spectator agree to settle the issue away from the pitch.
- Help with transport to all matches both home and away.
- Ensure Players arrive at the ground or agreed meeting place at the agreed time and text/call coach if you are running late.
- Ensure Team Managers are informed in plenty of time whenever a player will be unavailable for a game.
- Agree to their child's photo being published on our club website ([www.ipswichvalleyrangersfc.co.uk](http://www.ipswichvalleyrangersfc.co.uk)) and any other official club publication.
- Avoid improper use of internet social networking sites such as Facebook, Myspace, You Tube, etc that would in any way bring into disrepute or present a negative view of the game of football, IVRFC or its members; be these acts or comments that in anyway could be regarded as intimidating, demeaning, bullying, harassing, derogatory or violent. We encourage all players and members to support and enjoy the game. Trash talking, boasting, bullying or derogatory comments have no place in football either verbally or through social networking sites and will be dealt with severely by the club if they occur.

For any serious breaches of club discipline you and your child could be asked to meet with the disciplinary committee of the club.

We hereby agree to abide by this code:

Players Name: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



## Code of Conduct for Coaches

The essence of good ethical conduct and practice is summarised below. All Club Coaches must:

- Follow the fundamental ethos of IVRFC which is to ensure all players receive a fair game (50% of game duration minimum). If squad size requires players to sit out, this must be applicable to all players on a rotation basis.
- Respect the rights, dignity and worth of each and every person and treat equally within the context of sport and never adopt a win at all costs attitude.
- Place the wellbeing and safety of each player above all considerations.
- Adhere to all guidelines laid down by governing bodies.
- Develop an appropriate working relationship with each player based on mutual trust and respect.
- Encourage and guide players to accept responsibility for their own behaviour and performance.
- Ensure activities directed or advocated are appropriate for the age, maturity, experience and ability of players.
- At the outset, clarify with the players (and where appropriate, parent) exactly what is expected of them and also what they are entitled to expect from their coach.
- Always promote the positive aspects of the sport (e.g. fair play) and never condone violations of the Laws of the Game, behaviour contrary to the spirit of the Laws of the Game or relevant rules and regulations or the use of prohibited substances or techniques.
- Consistently display high standards of behaviour and appearance. It is expected that the coach wear the Club Polo Shirt & Tracksuit on Match and Training days
- Not use or tolerate inappropriate language.
- Set a good example to the players at all times.
- Never smoke or drink alcohol at pitch-side or at organised training.
- As a Committee Member (if applicable) make every single effort to support Committee Meetings and Social/Fundraising Functions.
- Return all Match Day Kit and other Club Equipment should they decide to leave their role or be asked to leave.
- Repay 50% of any training costs incurred by IVRFC should you wish to leave the club within 2 years of obtaining certification. i.e Coaching level badges, first aid, etc.
- Be responsible for collecting Training Subs.
- Avoid improper use of internet social networking sites such as Facebook, Myspace, You Tube, etc that would in any way bring into disrepute or present a negative view of the game of football, IVRFC or its members; be these acts or comments that in anyway could be regarded as intimidating, demeaning, bullying, harassing, derogatory or violent. We encourage all players and members to support and enjoy the game. Trash talking, boasting, bullying or derogatory comments have no place in football either verbally or through social networking sites and will be dealt with severely by the club if they occur.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Name: \_\_\_\_\_